

NOW IS THE PERFECT TIME TO DETOX YOUR CLOSET!

1

Create a collage of outfits that represent your personal style.

Use Pinterest, Instagram or magazines to gather outfit inspiration. Post your collage on a wall in your closet.

2

Write down words that describe what you like.

Your words can describe how you want to feel in your clothes as well as details, colors, textures, and silhouettes you see repeated in your collage.

3

Gather your tools.

You'll need a clothing rack, a full-length mirror, an empty storage bin, spare hangers and a garbage bag.

4

Analyze each item in your wardrobe for fit, quality & relevance.

Ask yourself:

1. Is this piece **current** and in good condition?
 2. Does it **flatter my figure** and **personality**?
 3. Does it have a **purpose** in my life?
 4. Do I **enjoy** wearing it?
- If you answered YES to these questions, hang it on the rack.

5

It's time for tough love. You got this!

- **Let it go** if you answered no to two or more questions.
- **Store it out of sight** for now if you're holding on to it for sentimental reasons.
- **Consign** if tags are attached and it's been six months or more since you bought it.
- **Say Bye Bye** if you need to lose ten pounds to wear it. Consign it, donate it or give it to a friend. Because when you're getting dressed in the morning, you want to open a closet that makes you feel amazing!

6

Voilà! Celebrate your edited wardrobe!

See any new outfit combinations? Notice any holes in your wardrobe? Do you feel a weight suddenly lifted? Jot down your notes. Remove the consignment and donation as soon as possible or host a clothing exchange! And, next time you go shopping, you'll have a strategic list to help you stay focused rather than distracted by all the options.

Want to know more about what flatters your body type or how to style old favorites? Visit scarletchamberlin.com for styling tips and valuable resources. Find out more about Scarlet's signature **Sort Shop & Style** service, **Closet Overhauls** and **Style Socials!**